

ARBROOK PLAZA SUCCESS STORY

Mrs. M. was admitted to Arbrook Plaza in December 2018 after sustaining a knee injury. She had been very active in the community, including driving and exercising three or more days per week, but when she was admitted Mrs. M. was experiencing significant pain.

She required moderate assistance in order to perform any self-care that included standing, such as bathing, lower body dressing, toileting and housekeeping tasks. She required moderate assistance with getting in and out of bed, transferring from one surface to another, and could only walk ten feet.

After less than two weeks of therapy, Mrs. M. met all of her therapy goals and was able to successfully return home with her husband!



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SPECIALIZED CARE. ADVANCED RECOVERY. TOTAL WELLNESS.