

# ARBROOK PLAZA SUCCESS STORIES

**Mrs. B.** was admitted to Arbrook Plaza after she sustained a complete pelvic fracture which required surgical intervention. Her surgery was a complicated and rare procedure requiring intervention in Dallas. She required being non-weight bearing to her left lower extremity. Upon admission, she required maximum assistance with all self care and was immobile for gait.

**Ms. B. received physical and occupational therapy services for almost one month and was successfully discharged home.** She was able to hop with a walker for twenty feet in order to access her bathroom at home. She was able to perform all of her activities of daily living such as transfers, dressing, grooming, toileting, and bathing.



**Mavis N.** was admitted to Arbrook Plaza in August 2019 after suffering a stroke which affected the left side of her body. She was severely limited in her mobility, self care, and also demonstrated challenges with swallowing and cognition. Upon admission it was unclear if she would even be able to return home.

Mavis participated in physical, occupational, and speech therapy from admission until September 2019. She worked really hard and surpassed more than we imagined she would. **After completion of therapy, she was able to successfully return home with her husband and make her planned trip to Hawaii!**

**Mrs. K.** was admitted to Arbrook Plaza in September 2019. She had experienced cellulitis in the big toe with severe PVD and tenosynovitis of the left foot which severely impacted her function and mobility. Upon admission she required moderate assistance with bed mobility, maximum assistance with transfers and was unable to walk. **After 13 physical and occupational therapy sessions she was able to successfully return home with her loving husband modified independent with all self care and mobility on a rolling walker!**



401 WEST ARBROOK BLVD.  
ARLINGTON, TX 76014

Direct line to admissions: 817.466.3094  
info@arbrookplaza.com  
[arbrookplaza.com](http://arbrookplaza.com)



SPECIALIZED CARE. ADVANCED RECOVERY. TOTAL WELLNESS.

# CLINICAL CAPABILITIES

**Arbrook Plaza** is well equipped to provide both short-term and long-term care. For more information about our clinical capabilities, additional services or to schedule a tour of our facility, please call us today!

1 Physician, NP, PA in facility 3 or more days/wk	●
1 Physician, NP, PA in facility 5 or more days/wk	●
Stat lab test with dlh	●
Stat xray turnaround time	●
Swallow studies	●
Psychiatry	●
Pulmonary	●
Wound Care	●
Infectious Disease	●
Licensed Social Worker	●
Psychological Services	●
<b>Therapy Services</b> <i>(Offered up to 7 days a week)</i>	●
Physical	●
Occupational	●
Speech	●
Lymphedema Certified Therapists	●
Palliative/Hospice Services	●
Frequent Vital Signs (Every 2 hours)	●

Strict Intake/Output Monitoring	●
Daily Weights	●
Accucheck for glucose monitoring	●
INR	●
O2 Saturation	●
Nebulizer Treatments	●
Incentive Spirometry	●
IV Fluids/Antibiotics	●
IV Meds	●
PICC Insertion	●
TPN	●
Isolation	●
Surgical Drain Management	●
Wound Vac	●
Chest Tubes	●
Life Vest	●
CPAP/BIPAP/ Trilogy	●
Tracheostomy Management	●
Dialysis (Transportation To/From)	●
Automatic Defibrillator	●



**401 WEST ARBROOK BLVD.  
ARLINGTON, TX 76014**

Direct line to admissions: 817.466.3094  
info@arbrookplaza.com  
**arbrookplaza.com**

