

*Believe in progress,
not perfection.*

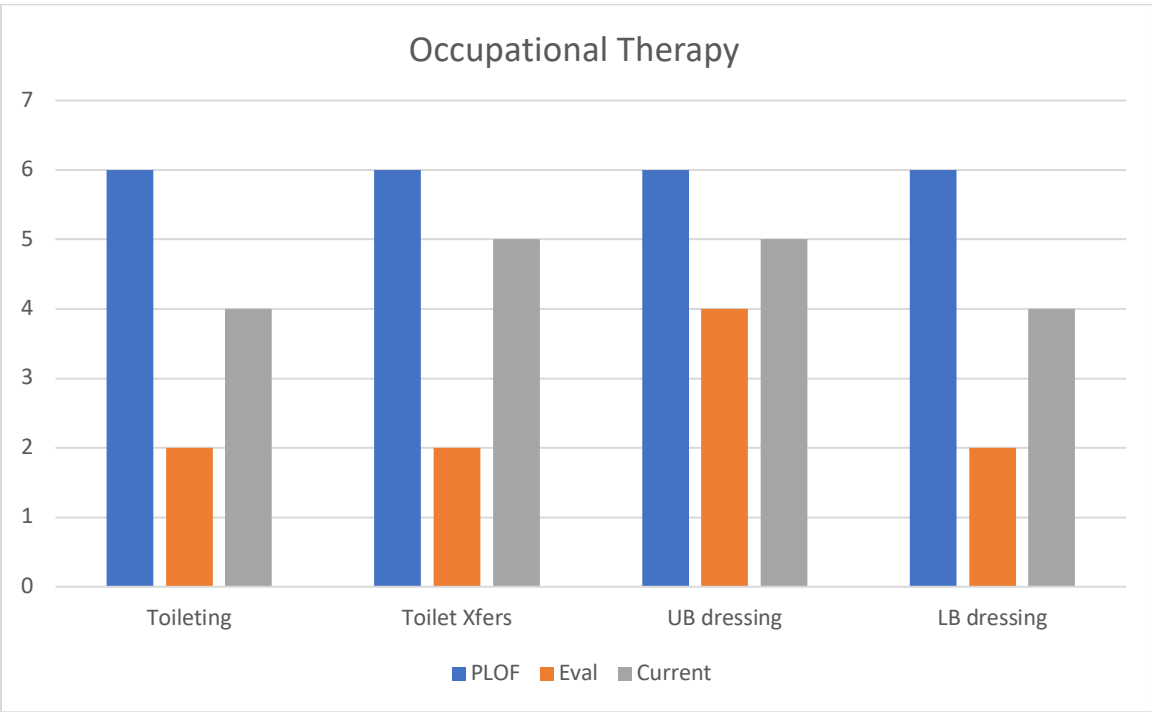
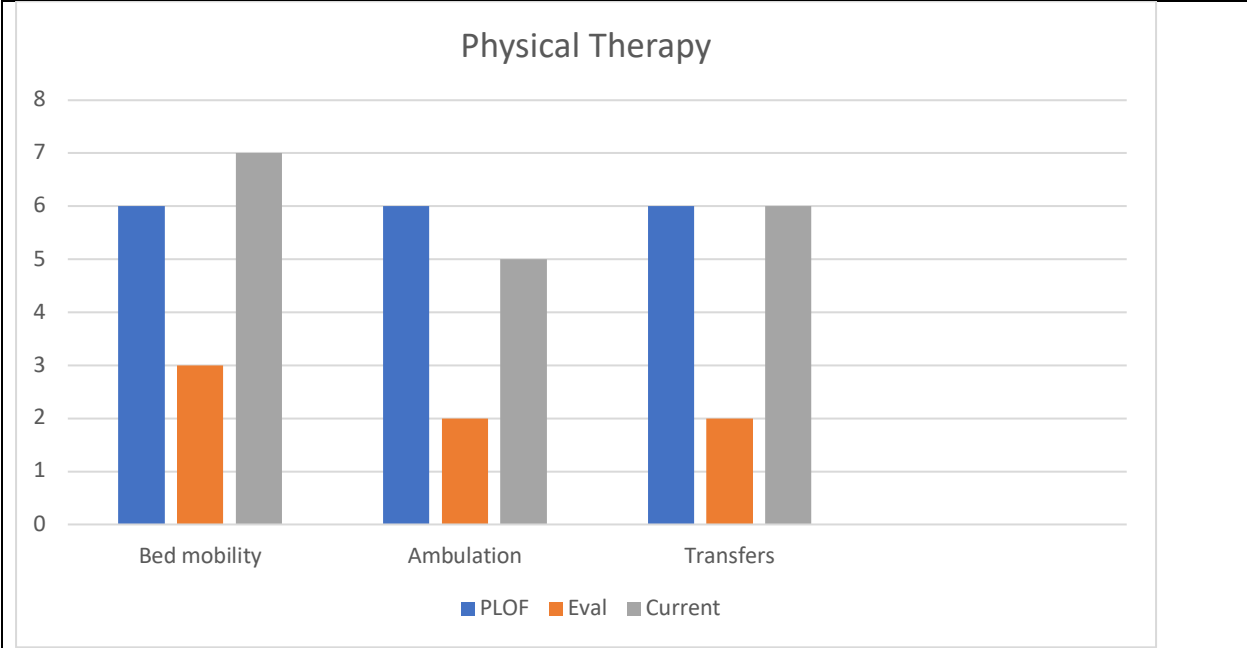


Mrs. Hawkins Mildred is an 87-year-old female with an infectious positive attitude and smile. Mrs. Hawkins admitted to Arbrook Plaza on 8/12/24 from the hospital due to sudden involuntary muscle jerking, and recent GLFs. Prior to her 8/6/24 hospitalization, Mrs. Hawkins also presents with a past medical history of Hypertension, Diabetes, Atrial fibrillation, Asthma, and Spinal stenosis. Patient was independent with ADLs and modified independence with gait with an assistive device (SPC). Upon admission at Arbrook Plaza, the team quickly sprang into action. Created a personalized therapy regimen that included Occupational, Physical, and Speech Therapy. With a moderately intense two-week program and the exceptional care of the therapy team and nursing staff, Mrs. Hawkins made a rapid recovery.



The therapy team played a significant role in Mrs. Hawkins's recovery by helping her regain independence with activities of daily living (ADL), and improve her mobility, balance, strength, and gait, with emphasis on safe ambulation. Mrs. Hawkins's willpower to get well soon and return home was a great motivation. She did not let her worries impact her therapy while at Arbrook Plaza. She is very pleasant with a positive outlook on life. By the end of her two-week plan of treatment, Mrs. Hawkins went from moderate/maximal assistance with ADLs, transfers, and mobility, to CGA with gait. And today Mrs. Hawkins is discharged home with more knowledge about safety precautions.

NEVER FORGET TO SMILE!



MDS Section GG Functional Scores

06 Independent

Completes the activity by him/herself with no assistance from a helper

05- Setup or clean-up assistance

Helper sets up or cleans up; patient completes activity. Helper assists only prior to or following the activity.

04 - Supervision or touching assistance

Helper provides verbal cues and/or touching/steadying and/or contact guard assistance as patient completes activity. Assistance may be provided throughout the activity or intermittently.

03 - Partial/moderate assistance

Helper does LESS THAN HALF the effort. Helper lifts, holds, or supports trunk or limbs but provides less than half the effort.

02 - Substantial/maximal assistance

Helper does MORE THAN HALF the effort. Helper lifts or holds trunk or limbs and provides more than half the effort.

01 - Dependent

Helper does ALL of the effort. Patient does none of the effort to complete the activity. Or the assistance of 2 or more helpers is required for the patient to complete the activity.