



**SPECIALIZED CARE.
ADVANCED RECOVERY.
TOTAL WELLNESS.**

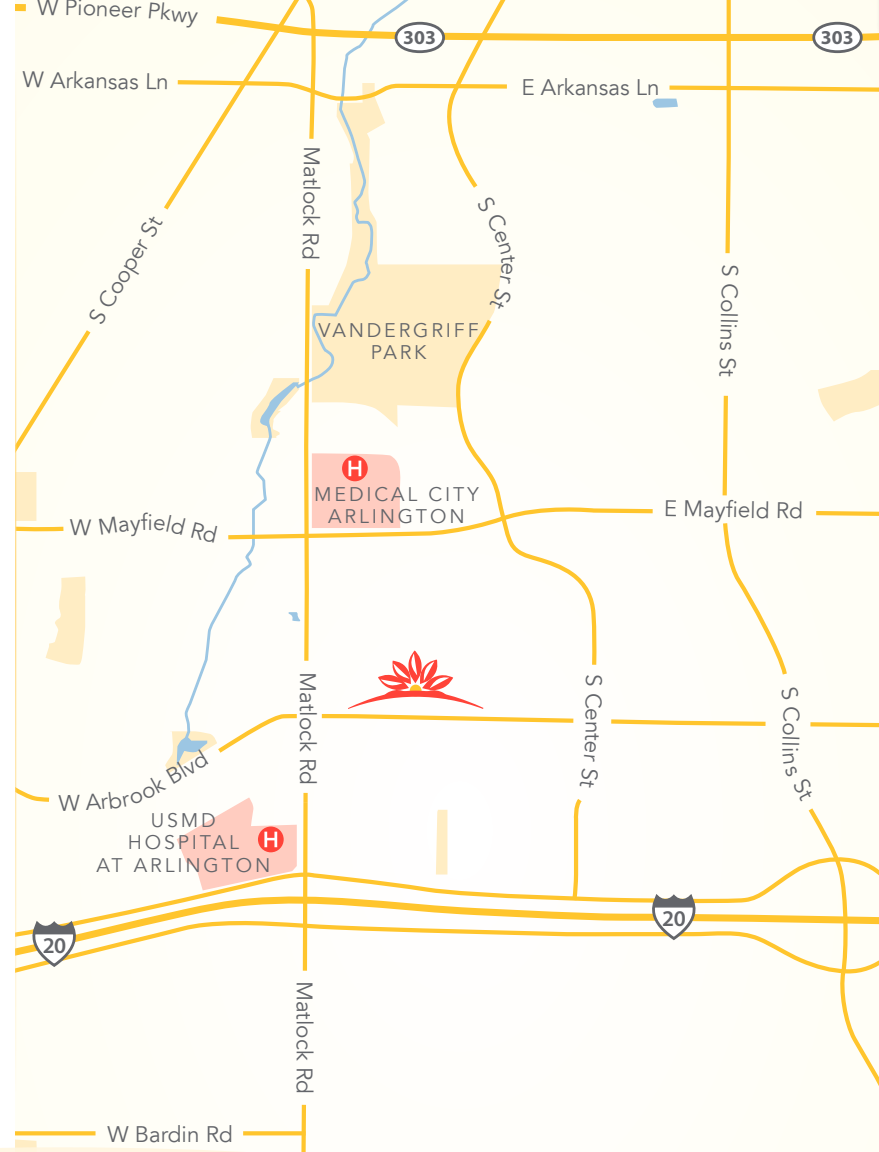
Arbrook Plaza is well equipped to provide both short-term and long-term care. We are committed to patient care on every level, with the ultimate goal of successful rehabilitation or self-management of your condition. **For more information about our services or to schedule a tour of our facility, please contact us today!**

5 STAR RATED OVERALL



**5 STAR RATED
QUALITY MEASURES**

CMS.GOV



**401 WEST ARBROOK BLVD.
ARLINGTON, TX 76014**

Direct line to admissions: 817.466.3094
info@arbrookplaza.com
arbrookplaza.com



SPECIALIZED CARE. ADVANCED RECOVERY. TOTAL WELLNESS.
REHABILITATION | SKILLED NURSING | LONG TERM CARE

SKILLED CARE IN A SERENE SETTING

We take a personalized approach to care: providing the ideal combination of skilled nursing, rehabilitation, and emotional support to help you transition from hospital to home, safely and comfortably.

Whether you're recovering from surgery, regaining your speech and mobility following a stroke, or coping with a chronic condition, our experienced interdisciplinary teams address emotional and social needs along with physical challenges – all in a comfortable, welcoming environment that nurtures your spirit as you restore your health.



REHABILITATION IS A TEAM EFFORT

Our dedicated team works closely with you and your family to develop a customized rehabilitation program:

- Medical treatment with our physicians
- Mobility and physical therapy
- Building independence
- Occupational therapy and skills of independent living
- Speech therapy and language skills
- Personal care with a social worker

Our goal is to help you create a stronger, healthier future by equipping you with the strength and skills to manage your condition and care for yourself.



SKILLED NURSING SERVICES AND MEDICALLY COMPLEX CARE

Unlike many skilled nursing centers, our facility is equipped with advanced technologies and specialized resources to care for high-acuity patients, as well as those with multiple illnesses, injuries, or rehabilitative issues.



EXTRAORDINARY AMENITIES

- Private and semi-private rooms
- Private phones and TVs in each patient room
- Individual climate control
- Wi-Fi access
- Housekeeping services
- Fine dining, with multiple menu options
- Beauty and barber services
- Complimentary beverage stations
- Rehabilitation gym
- Beautifully landscaped outdoor seating areas
- Community dining room
- Transportation services
- Personalized planning with a social worker
- Religious services

